

Monday	Tuesday	Wednesday	Thursday	Friday
 				
			1 Meatloaf Mashed potatoes w/Gravy Broccoli Wheat Bread Peach Cobbler	2 Cheeseburger Potato Salad 3 Bean Salad Wheat Bun Strawberry/Banana Pudding
5 Mac and Cheese Cauliflower Mixed Veggies Wheat Bread Ambrosia	6 Chicken Enchiladas Pinto Beans Spanish Green Beans Wheat Tortilla Fruit w/Jello	7 Beef Hot Dog Broccoli Slaw Carrot Raisin Salad Wheat Hot Dog Bun Pineapple-Up-Side-Down Cake	8 Pepper Steak Oven Roasted Potatoes Peas and Carrots Wheat Bread Muffin Peaches	9 Beef Goulash w/Noodles Mix Veggies Spinach Salad Wheat Bread Mandarin Oranges
12 Chili Beans Pinto beans Cole Slaw Corn Bread Cookie Apricots	13 Cranberry Chicken Mix Salad Broccoli/Cauliflower Wheat Bread Pears	14 Alboniga Soup w/Rice Corn/Black Bean Salad Carrots/Potatoes Wheat Crackers Mandarin Oranges	15 Meatloaf Mashed Potatoes w/Gravy Brussel Sprouts Wheat Bread Peach Cobbler	16 Beef Hot Dog Onions /Sauerkraut Broccoli/Cauliflower Banana
19 Mexican Lasagna Mexican Corn Coleslaw Cornbread Ambrosia	20 Chicken and Noodles Pea Salad Carrot Honey Muffin Citrus Fruit	21 Ham/Lima Beans Broccoli Biscuit Pineapple Up-Side –Down Cake	22 Roast Beef Mashed Potatoes w/Gravy Veggies Wheat Roll Cherry Crisp Cookie	23 Green Chili Cheese Hominy Casserole Pinto Beans Mixed Green Salad Tortilla Oatmeal Cookie Orange Juice
26 CLOSED for Holiday 	27 Meatloaf w/Gravy Scalloped Potatoes Carrots Wheat Bread Ambrosia	28 Roasted Turkey w/Gravy Dressing Peas Yams Pumpkin Bar Mandarin Oranges	29 Country Fried Steak Mashed Potatoes w/Gravy Mix Veggies Biscuit Pears	30 Beef Hot Dog w/Onions Baked Beans Broccoli Slaw Wheat Bun Banana

December 2016

GLOBE ACTIVE ADULT CENTER

579 SOUTH BROAD STREET
GLOBE AZ 85501
(928) 425-9030

AVAILABLE SERVICES

Benefits Assistance —Karon Fowler
Tuesdays-Fridays 8:00am to 1PM

Legal AID Monday 12th, 10:30 am

Alzheimer’s Support Group
Wednesday 14th 12:15 to 1:45pm

Transportation Van is available for pick up to the Center starting at 8:00 am daily.

Suggested contribution for the meal is \$2.50 for those 60+. Registration is required. Lunch is served at 11:45am.

GAAC does not discriminate regardless of race, color, national origin, sex , age or disability

Lunches for those -60 are \$5. Please make your reservations in advance!

Funding is provided by OOA, DES, Pinal-Gila Council for Seniors, Gila County and the City of Globe.