

CENTER NEWS

Our classes start again if you are interested in ceramics, crafts or exercise you need to sign up at the college.

You can call 425-4841

Biscuit and Gravy every Wednesday from 7:30am to 9am. \$3.00 a bowl.





HAPPY BIRTHDAY

Johnny Galaz 2/1
Tamara Guerin 2/2
Arnold Melton 2/8
Michael Gorman 2/12
Dottie Sanchez 2/13
Bob Uriostie 2/17
Mary Lou Ortiz 2/11



February 2019 Activity

Mon	Tue	Wed	Thu	Fri
				1 Benefits Assistance 8am Crafts 9am Bingo 9:00am
4 Card games Coffee & Conversation 8-10am	5 Benefits Assistance 8am Exercise 8:45 am Stretch & Flex 9:20am Card games Word Search	6 Biscuits & Gravy 7:30am Bingo 9am Ceramics 9:00am Blood Pressure 11:00am 	7 Benefits Assistance 8am Stretch & Flex 9:20am Exercise 8:45am Card Games	8 Benefits Assistance 8am Bingo 9:00 am Crafts 9:00
11 Card games Coffee & Conversation 8-10am Legal Aid 10:30	12 Benefits Assistance 8am Exercise 8:45am Stretch & Flex 9:20am Alzheimer's Support Group Meeting 12:15pm	13 Benefits Assistance 8am Biscuits & Gravy 7:30am Ceramics 9:00am Bingo 9:00 am	14 Exercise 8:45am Stretch & Flex 9:20am Word Search	15 Benefits Assistance 8am Bingo 9:00 am Crafts 9:00
18 CLOSED PRESIDENTS' DAY!!! Closed	19 Benefits Assistance 8am Stretch & Flex 9:20am Exercise 8:45 am Card games Word Search 	20 Benefits Assistance 8am Biscuits & Gravy 7:30am Ceramics 9:00am Bingo 9:00 am Card games	21 Benefits Assistance 8am Stretch & Flex 9:20am Exercise 8:45am Birthday Party Music with Ron Chesley Happy Valentine's Day!!!	22 Benefits Assistance 8am Bingo 9:00 am Crafts 9:00
25 Card games Coffee & Conversation 8-10am	26 Benefit Assistance 8am Stretch & Flex 9:20am Exercise 8:45am Card games Word Search	27 Benefits Assistance 8am Biscuits & Gravy 7:30am Ceramics 9am Bingo 9am Word Search	28 Benefits Assistance 8am Exercise 8:45am Stretch & Flex 9:20am Word Search	