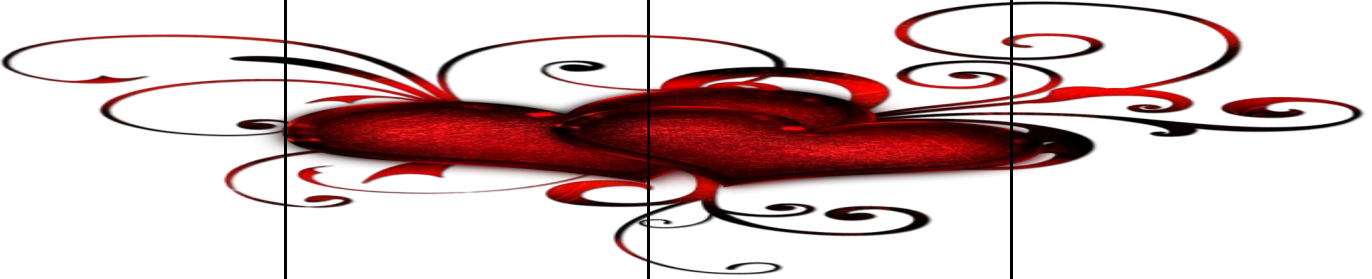




Monday	Tuesday	Wednesday	Thursday	Friday
				
				1 Ham Sandwich Pea Salad Coleslaw Wheat Bread Mandarin oranges
4 Spaghetti w/meat Sauce Spinach Salad Peas and Carrots Italian Bread Banana	5 Baked Chicken Roasted Potatoes Ranch Beans Winter Squash Wheat Roll Mandarin Oranges	6 Swedish Meatballs Parsley Noodles Seasoned Spinach Carrots Wheat Bread Peaches	7 Beef Fajitas Spanish Rice Confetti Slaw Zucchini Pudding w/Banana	8 Fish Sandwich Potato Salad Ranch Beans Wheat Bun Ambrosia
11 Bratwurst w/Sauerkraut Tater Tots Mix Veggies Wheat Bun Pears	12 Green Chili Enchiladas Spanish Rice Pinto Beans Zucchini Chunky Applesauce	13 Tuna Casserole Brussel Sprouts Peas Wheat Roll Mixed Fruit	14 Italian Sausage Pasta Garden Salad Beans and Red Pepper Garlic Bread Apricots 	15 Chicken Salad Sandwich Garden Spinach Salad Wheat Bun Melon Mix Fruit
18 CLOSED President's Holiday!!!	19 Ham and Lima Beans Broccoli Biscuit Pineapple Up Side Down Cake	20 Salisbury Steak w/Gravy Scalloped Potatoes Peas and Carrots Wheat Roll Tropical Fruit	21 Pork Roast Mashed Potatoes w/Gravy Mix Veggies Wheat Roll Fruit Crisp	22 Chicken and Rice Soup Broccoli Slaw Carrots Wheat Crackers Vanilla Pudding
25 Lemon Fish Scalloped Potatoes Green Beans Wheat Bread Muffin Applesauce	26 Vegetable Lasagna Garden Salad Peas and Carrots Wheat Roll Peaches	27 Roasted Chicken Rice Pilaf Garden Salad Peas and Carrots Wheat Bread Ambrosia	28 Chili Cheese Dog w/Onions 3 Beans Salad Broccoli Slaw Wheat Bun Mixed Fruit	

February 2019

GLOBE ACTIVE ADULT CENTER

579 SOUTH BROAD ST
 GLOBE AZ 85501
 (928) 425-9030

AVAILABLE SERVICES

Legal AID Monday 11th 10:30 am

Alzheimer's Support Group
 Wednesday 12th, 12:15 to 1:45pm

Transportation Van is available for pick up to the Center starting at 8:00 am daily.

Benefits Assistance-SHIP
Mon-Fri 8-1pm (928)425-8863

Suggested contribution for the meal is \$2.50 for those 60+. Registration is required. Lunch is served at 11:45am.

GAAC does not discriminate regardless of race, color, national origin, sex, age or disability

Lunches for those -60 are \$5. Please make your reservations in advance!

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