

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CLOSED Happy New Year!	2 Baked Ham Baked Beans Carrot/Raisin Salad Wheat Bread Oatmeal Cookie Pineapple	3 Spaghetti w/ Meat Sauce Spinach Salad Peas and Carrots Garlic Bread Banana w/Van. Pudding	4 Beef Stew Pepper Slaw Cornbread Mandarin Oranges
7 Open Face Turkey Sandwich/Gravy Yams Green Beans Wheat Bread Pears	8 Swedish Meatballs Seasoned Spinach Carrots Parsley Noodles Wheat bread Mandarin Oranges	9 Tuna Casserole Brussel Sprouts Peas Wheat Bread Tropical Fruit Mix	10 Meat Loaf Mashed Potatoes/Gravy Broccoli Wheat Bread Peach Cobbler	11 Cheeseburger Potato Salad 3 Bean Salad Strawberry/Banana Yogurt
14 Macaroni & Cheese Cauliflower Mixed Veggies Wheat Bread Ambrosia	15 Chicken Enchiladas Pinto Beans Spanish Green Beans Jello/Mixed Fruit	16 Fish Fillet Broccoli Slaw Carrot Raisin Salad Pineapple Up-Side Down Cake	17 Country Fried Steak Mashed Potatoes w/Gravy Corn Wheat Bread Pears	18 Beef Goulash Mixed Veggies Spinach Salad Wheat Bread Mandarin Oranges
21 CLOSED  Dr. Martin Luther King, Jr.	22 Cranberry Chicken Brown Rice Mixed Salad Broccoli/Cauliflower Wheat Bread Pears	23 Albondigas Soup Corn/Black bean Salad Wheat Crackers Mandarin Oranges	24 Meat Loaf Mashed Potatoes Brussel Sprouts Wheat Bread Peach Cobbler	25 All Beef Hot Dog Sauerkraut Broccoli/Cauliflower Salad Banana
28 Mexican Lasagna Mexican Corn Coleslaw Corn Bread Ambrosia	29 Chicken & Noodles Cooked Pea Salad Muffin Citrus Cup	30 Ham/Lima Beans Broccoli Biscuit Pineapple Up-Side Down Cake	31 Roast Pork Yams Mashed Potatoes/Gravy Wheat Bread Cherry Crisp	

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GLOBE ACTIVE ADULT CENTER

579 S. BROAD ST

GLOBE AZ 85501

(928) 425-9030

AVAILABLE SERVICES

Legal AID Monday 14th 10:30 am

Alzheimer's Support Group Meeting
Tuesday 8th 12:15 to 1:45pm

Benefits Assistance- Karon Fowler
Tuesdays—Fridays 8am to 1pm

Transportation Van is available for pick up to the Center starting at 8:00 am daily.

Suggested contribution for the meal is \$2.50 for those 60+. Registration is required. Lunch is served at 11:45am.

GAAC does not discriminate regardless of race, color, national origin, sex, age or disability

Lunches for those -60 are \$5. Please make your reservations in advance!

Funding is provided by OAA, DES, Pinal-Gila Council for Seniors, Gila County and the City of Globe.